

Entitled to Your Opinion

Resilience training for journalists in an age of online trolls and haters

Don't let your voice be silenced. This workshop, led by ThriveRU's Dr. Diana Brecher, will offer practical tips for cultivating resilience and navigating the online swamp when you're harassed online.

Featuring:



Scaachi Koul

Culture writer, BuzzFeed Canada
Author



Dr. Diana Brecher

Scholar in Residence, Positive Psychology
Ryerson Student Affairs

Tuesday, April 3, 2018 | 10:00 a.m.

80 Gould St., Toronto

Rogers Communications Centre, Ryerson University

Room RCC 103 (the Venn)

Register:

www.eventbrite.ca/e/entitled-to-your-opinion-tickets-43706719976